1. Remove front wheel and fork sliders.

2. Slide rubber seal covers up stanchions.

3. Lightly grease the split steel tubes on the inside and outside where they will touch aluminium. The tubes are eccentrically bored so that rotating them slightly alters the effective fork leg centre distance.

4. Put the steel tubes into the aluminium casting and tighten the socket screws until the steel tubes are just a slide fit.

5. Let the aluminium casting down over the fork sliders and fit the steel tubes to the slider tops.

6. Refit the sliders with the brace lying loosely over them.

7. Refit wheel, taking normal care to 'bounce' the forks before tightening all bolts to ensure smoothness of action. Top up fork oil.

8. When the steel tubes are rotated to give the ideal centre distance for your forks, the casting will slide straight up and over them. Tighten the socket screws to 12-14ft.-lb. Check fork action.

9. Slide down the rubber covers. It may be necessary to remove a little material from the outside of these. Check this before final assembly.

546-101/A Norman Hyde Alloy Triumph Fork Brace
Available from British Cycle Supply Company
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